

# NHS Health Check Trainer

## Full Time Role (40 hours per week). Competitive Salary

An exciting opportunity is available for a passionate, enthusiastic, dynamic and motivated NHS Health Checks Trainer with experience and a special interest in health promotion and delivery of health checks. This role will contribute to the provision and coordination of the integrated Lifestyle Service delivered across Cambridgeshire and Peterborough.

This community-based, multi component service brings together a range of different programmes under one Countywide Lifestyle Service, centered on supporting residents to lead healthier lives.

Playing a pivotal role within this holistic, integrated service, you will be responsible for the working as part of a countywide lifestyle multi-disciplinary team, supporting with front line face to face delivery of services. Based within Cambridgeshire, this role is crucial in supporting the Health Check Coordinator as well as providing support for the wider team.

### The key functions of the role are:

- Delivering Health Checks within the local community and across GP Surgeries
- Experience and knowledge of benefits of a healthy lifestyle and managing key risk factors: healthy eating and increasing physical activity levels, smoking cessation and reducing alcohol consumption.
- Creative and pro-active with strong planning, time management, empathy and interpersonal skills.
- Community development and engagement, including Public Health promotion.

### Is this role for you?

For more information and to download the job description please visit our website

<http://www.everyonehealth.co.uk/about-us/employment-opportunities/> and email your CV and supporting statement to [jobs@everyonehealth.co.uk](mailto:jobs@everyonehealth.co.uk), [lynnfrith@everyonehealth.co.uk](mailto:lynnfrith@everyonehealth.co.uk) and [lesleygodfrey@healthyyou.org.uk](mailto:lesleygodfrey@healthyyou.org.uk)

**Closing date:** 30<sup>th</sup> April 2021

**Please note:** Interviews will take place the week commencing 10<sup>th</sup> May 2021

**All offers are subject to enhanced DBS checks and satisfactory references.**

**We do reserve the right to close this advertisement early if we receive a high volume of suitable applications.**

Everyone Health is an equal opportunities employer and an Investors in People organisation, who is committed to safeguarding and promoting the welfare of children, young people and adults. All applicants will be required to undertake checks and references prior to appointment.