##### Physical Appearance

###### Show signs of physical or psychological abuse, look malnourished or unkempt, anxious/agitated or appear withdrawn and neglected. They may have untreated injuries

**Isolation**

* Rarely be allowed to travel on their own, seem under the control, the influence of others, rarely interact or appear unfamiliar with their neighbourhood or where they work
* Relationships which do not seem right - for example, a young teenager appearing to be the boyfriend/girlfriend of a much older adult

**Poor Living Conditions**

* Be living in dirty, cramped or overcrowded accommodation, and/or living and working at the same address

**Restricted Freedom of Movement**

* Have no identification documents, have few personal possessions and always wear the same clothes day in and day out. What clothes they do wear may not be suitable for their work
* Have little opportunity to move freely and may have had their travel documents retained, e.g. passports

**Unusual Travel Times**

* Be dropped off/collected for work regularly either very early or late at night
* Unusual travel arrangements - children being dropped off/picked up in private cars/taxis at unusual times and in places where it is not clear why they would be there

**Reluctant to Seek Help**

* Avoid eye contact, appear frightened or hesitant to talk to strangers and fear law enforcers for many reasons, such as not knowing who to trust or where to get help, fear of deportation, fear of violence to them or their family

**The Following Signs Could Indicate a Situation of Labour Exploitation:**

* Individuals may show signs of psychological or physical abuse. They might appear frightened, withdrawn or confused
* Workers may not have free movement and may always be accompanied
* Individuals often lack protective equipment or suitable clothing and have not been trained to safely fulfil the requirements of the role
* The person may not have access to their documents, such as ID or their passport, with the employer having confiscated them
* Individuals may not have a contract and may not be paid the National Minimum Wage or not be paid at all
* Workers are forced to stay in accommodation provided by the employer. This accommodation could be overcrowded
* Individuals could live on site
* Workers could be transported to and from work, potentially with multiple people in one vehicle
* The person might not accept money or be afraid to accept payment
* Workers may work particularly long hours

**The Following Signs Could Indicate a Situation of Sexual Exploitation:**

* Sex workers may appear scared or intimidated
* The individual may be transported to and from clients
* Individuals may be closely guarded
* The person may be 'branded' with a tattoo indicating ownership
* Sex workers may show signs of physical abuse, including bruising, scarring and cigarette burns
* The individual may be unable to keep payment and may have restricted or no access to their earnings
* The person may have a limited English vocabulary, restricted to sexualised words
* Multiple female foreign nationals may be living at the same address
* The person may sleep in the premises in which they work, which could indicate a brothel is operating
* A property might have male callers day and night who only stay for a short time
* There may be details of sexual activity such as cards and advertisements found nearby

**The Following Signs Could Indicate a Situation of Domestic Servitude:**

* The individual may be held in their employer's home and forced to carry out domestic tasks such as providing childcare, cooking and cleaning
* The individual may not be able to leave the house on their own, or their movements could be monitored
* The person may work over normal working hours
* The individual may not have access to their belongings, including their ID, but also items such as their mobile phone, which can isolate them
* The employer may be abusive, both physically and verbally
* The person may not interact often with the family they are employed by
* The person may be deprived of their personal living space, food, water, or medical care
* The individual may stand out from other family members, noticeable as they may wear poorer quality clothing

**The Following Signs Could Indicate a Situation of Criminal Exploitation:**

* A large group of adult or children beggars might be moved daily to different locations but return to the same location every night. This could indicate forced begging
* An individual might be transported to or from the scene of a crime, including shoplifting, pickpocketing or forced begging
* An individual may not benefit from the money or items they have obtained through the crimes they have been forced to commit
* A person may be forced to cultivate cannabis with their freedom of movement restricted, including being locked in a room. Commonly, the individual may not be able to speak English or they have a limited vocabulary
* A vulnerable person may be forced or manipulated out of their home by drug dealers who use the home as a base to sell drugs
* Young people may be forced to transport and sell drugs across county borders, which is known as County Lines

**The Following Signs Could Indicate a Situation of Child Exploitation:**

* The child may have mood swings, including being angry, upset or withdrawn
* The child may show signs of inappropriate sexual behaviour
* They may be dressed inappropriately for their age
* The child may go missing at night or weekends and may not be clear about their whereabouts
* They may not attend school
* The child may have gifts, presents or expensive items which they cannot explain