

Fun 'n' Free

healthy activity day

...for children aged 5 -11 years



Nisbet
Community Hall,
Homerton E9 6AJ
24th July -
11am-2pm



Bouncy Castle,
Healthy Food, Arts
and Crafts Table
...and more!



alive n kicking

Exclusively for Hackney families, our Fun 'n' Free event is a great way to have fun together. We will be offering exciting sports activities, music, games, musical statues/chairs and a bouncy castle! There will also be a healthy arts and crafts table where the kids can decorate eat well guide plates with ceramic paints and draw cartoon fruits and vegetables. We are also providing a healthy food and drinks table, including fruits, vegetables, water and milk. Bring your family and friends along, there's no need to book, just turn up* and enjoy yourselves!

For more information on our **FREE** Healthy Activity Day

Email: eh.ankhackney@nhs.net

Call: **07849 092 185**  @ehackney



 Hackney



everyonehealth
because everyone matters

*Due to covid restrictions the capacity of this venue is limited to 28 at any one time.
Parents must fill in an IA at the door for kids to enter.