

JOB DESCRIPTION

MAIN PURPOSE

To provide a qualified specialist clinical psychology service to clients of clinical weight management services; providing specialist psychological assessment and therapy at the same time as offering advice and consultation on clients' psychological care to non-psychologist colleagues and to other, non-professional carers, working autonomously within professional guidelines and the overall framework of the team's policies and procedures. To provide support and training to other HCP's.

The psychologist will be responsible for the provision and further development of individual and group psychological interventions for clients who have severe and complex obesity. The service is community-based and will involve working in a number of different health centres that Everyone Health work from. You will form an integral part of the team and to ensure the needs of the service user are met. You may be required to deliver group interventions or clinics in the evening with the rest of the team. We are looking for a flexible, independent individual who is interested in service development.

The postholder will need to demonstrate knowledge of behaviour change models in addition to expertise in delivering evidence-based treatments.

SUMMARY OF RESPONSIBILITIES AND DUTIES

1. To provide specialist psychological assessments of clients referred to clinical health psychology based upon the appropriate use, interpretation and integration of complex data from a variety of sources.
2. To formulate and implement plans for the formal psychological treatment and/or management of a client's mental health problems and psychological aspects of physical morbidity, based upon an appropriate conceptual framework of the client's problems, and employing methods based upon evidence of efficacy, across the full range of care settings.
3. To be responsible for implementing a range of psychological interventions for individuals, carers, families and groups, within and across teams employed individually and in synthesis, adjusting and refining psychological formulations drawing upon different explanatory models and maintaining a number of provisional hypotheses.
4. To evaluate and make decisions about treatment options taking into account both theoretical and therapeutic models and highly complex factors concerning historical and developmental processes that have shaped the individual, family or group.
5. To exercise autonomous professional responsibility for the assessment, treatment and discharge of clients whose problems are managed by psychologically based standard care plans.
6. To provide specialist psychological advice, guidance and consultation to other professionals contributing directly to clients' formulation, diagnosis and treatment plan.

7. To contribute directly and indirectly to a psychologically based framework of understanding and care to the benefit of all clients of the service, across all settings and agencies serving the client group.
8. To undertake risk assessment and risk management for individual clients and to provide advice to other professions on psychological aspects of risk assessment and risk management.
9. To act as care coordinator, where appropriate, taking responsibility for initiating planning and review of care plans.

PROFESSIONALISM

To contribute to the development and maintenance of the highest professional standards of practice.

To contribute to the development and articulation of best practice in psychology across the service, by continuing to develop the skills of a reflexive and reflective scientist practitioner, taking part in regular professional supervision and appraisal and maintaining an active engagement with current developments in the field of clinical psychology and related disciplines. To communicate in a skilled and sensitive manner, information concerning the assessment, formulation and treatment plans of clients under their care and to monitor progress during the course of both uni- and multi-disciplinary care.

CLINICAL GOVERNANCE

To maintain the highest standards of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance in accordance with professional codes of practice of the British Psychological Society and Trust policies and procedures.

SAFEGUARDING

Everyone Health Ltd is committed to safeguarding and promoting the welfare of the adults, young people and children who use the services. All staff have a responsibility to report any identified concerns of abuse or exploitation through the appropriate route in line with the respective policies and procedures.

SKILLS AND KNOWLEDGE

- Skills in the use of complex methods of psychological assessment, intervention and management.
- Well developed skills in the ability to communicate effectively, orally and in writing, complex, highly technical and/or clinically sensitive information to clients, their families, carers and other professional colleagues both within and outside the organisation.
- Skills in providing consultation to other professional and non-professional groups

EXPERIENCE

- Experience of specialist psychological assessment and treatment of clients across the full range of care settings.
- Experience of working with a wide variety of client groups.
- Experience of teaching, training and/or supervision.
- Experience of the application of clinical psychology in different cultural contexts.
- Experience of working in weight management or eating disorders

- At least 2 years' experience of working in health psychology, weight management or eating disorders.

QUALIFICATIONS

Essential:

- Doctoral level training in clinical psychology.
- Must be HCPC Registered.

Desirable:

- Pre-qualification training and qualifications in research methodology, staff training and/or other fields of applied psychology

SPECIAL CONDITIONS

- Highly motivated self-starter with resilience, determination and expert ability to see tasks through to completion.
- Full UK Driving licence with access to a business insured car for work purposes. Ability to travel for work.
- This post requires the post holder to hold a clear disclosure of criminal records at an enhanced level (DBS). The company will apply for this on your behalf.