**Specialist Nurse – Weight Management/Obesity**

**JOB DESCRIPTION**

**MAIN PURPOSE**

To work autonomously, managing a caseload of patients within the community Tier 3 adult weight management specialist service, whilst working as part of the multidisciplinary team, delivering individualised and personalised direct patient care.

**SUMMARY OF RESPONSIBILITIES AND DUTIES**

* Be responsible for assessing and care planning for clients in the speciality. To interpret information and take appropriate action and to lead others to do the same.
* Act as an advocate for patients within the service, to ensure a patient orientated approach to the delivery of care and to meet standards within the relevant guidelines.
* Ensure that patients receive high quality clinical care and a good patient experience, having regard for their customs, religious beliefs, and doctrines.
* Recognise and avoid situations that may be detrimental to the health and wellbeing of the individuals
* Co-ordinate the provision of specialist services to patients, within the community setting, effectively liaising with multidisciplinary colleagues
* Develop and run nurse led clinics where the post holder will co-ordinate the treatment in conjunction with medical staff and provide treatment which may include prescribing of medication
* Direct, support, encourage and advise the weight management clinical teams, by the provision of specialist knowledge and advice in the care of patients within the area.
* Participate in the promotion of patient centred care, and establish and maintain a supportive relationship with the patient and their family during the period of assessment, treatment and after care
* Support and enable patients and carers to make informed decisions relating to their treatment and management.
* Promote high quality clinical care, and assist in the development of the specialist service, using evidence-based practice and clinical standards
* Provide professional and clinical leadership and expertise in the speciality and to act as a resource for education and clinical expertise.
* Act as a role model, demonstrating high standards of care and providing clinical leadership in the specialist areas.
* Establish, develop, and maintain effective working relationship between clinicians, practitioners, and managers within the wider public health workforce.
* Actively participate in local, national and international networking to maintain and develop expert level of knowledge in the specialty.
* Work in conjunction with a medical practitioner to lead a patient focused service.

**PERSON SPECIFICATION**

**1. QUALIFICATIONS**

* NMC Registered Nurse
* Nurse prescriber
* Public Health or Specialist related degree
* Master’s degree (Desirable)
* Community nursing experience. (Desirable)

**2.SKILLS & ABILITIES**

* Facilitate a high-quality, cost-effective specialist service through monitoring and audit and other quality initiatives
* Lead on and participate in key developments relating to the specialty so that high quality patient focused services are promoted.
* Attend and participate in multi-professional team meetings.
* Set, monitor, and review standards of care on a regular basis and initiate corrective action plans
* Provide a leadership role model and demonstrate expert knowledge and high standards of clinical practice. Develop the role according to patients changing needs and research findings, within the resources available.
* Maintain accurate records of the clinical service and ensuring that confidentiality of information is adhered to
* Organise own work and manage own caseload and practice, identifying and maintaining supportive networks for self and other staff members.
* Implement new initiatives where possible to run a cost effective, timely service

**3.KNOWLEDGE**

* Clinical knowledge of weight management interventions, care, and support.
* Lead and participate in education and training programmes within the specialist service and develop training packages.
* Co-ordinate the development and delivery of a patient focused education and information giving strategy within the specialty
* Motivate, develop, support and identify training needs for service staff.
* Participate in appraisals and the setting of objectives for junior staff in the service to enable them to achieve optimal effectiveness and to understand their contribution to the service.

**4. EXPERIENCE**

* An experienced specialist Nurse with experience in delivering and leading community-based prevention and treatment services to a high quality.
* Oversight of evidence-based health improvement and public health programmes within weight management services for community-based service users.
* Experienced in data collection, collation, and reporting.
* Utilise research findings in the delivery of Specialist patient care, developing new ways of working and to disseminate relevant information to staff.
* Promote and undertake nursing research and to publish the outcome, updating own knowledge to promote excellence in clinical practice.
* In conjunction with the other multidisciplinary colleagues, provide monthly reports of case mix, work load and education activity.
* Provide cover for the other Clinical Nurse Specialist as appropriate.
* Develop policies, protocols and clinical guidelines in support of the specialist service.
* Participate in the promotion of the specialty by publishing and presenting innovations and research findings locally and nationally.
* Provide specialist education to members of the clinical team, which facilitates learning and individual personal development.

**5. SPECIAL CONDITIONS**

* Have a car with business insurance and be able to travel around Cambridgeshire
* Enhanced DBS required
* Act in accordance with the Nursing & Midwifery Council Code of Professional Conduct and Scope of Professional Practice and be accountable for his/her actions at all times.
* Maintain up-to-date records. Ensuring that confidentiality is respected and that the standards for “Record Keeping” are met.
* The post holder is required to follow company policies and procedures which are regularly updated.
* Assess own educational needs and take steps to keep up to date with clinical and nursing developments in line with requirements of the Nursing & Midwifery Council

**6. SAFEGUARDING**

Everyone Health Ltd is committed to safeguarding and promoting the welfare of the adults, young people and children who use the services. All staff have a responsibility to report any identified concerns of abuse or exploitation through the appropriate route in line with the respective policies and procedures.